

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Happy Holidays

Salon Open **1**
10:00 Resident Council
10:30 Activity Suggestion Club
11:00 Strength Training
1:30 Outing to Walmart
3:45 Search and Solve Puzzles
4:00 Wacky Wordies

2
10:00 Card Club
10:30 Men's Club
11:00 Tai Chi
1:00 Parkinson Class
1:30 Exercise with Paxxon
2:30 Bingo
3:30 Wine of the Week
3:45 You be the Judge
4:15 Evening Movie (Monster in Law)

Salon Open **3**
10:15 (Live Entertainment) Breaking Grounds Drum Circle
11:30 Strength Training
1:00 Mexican Train Club
1:30 Men's Club
3:30 Lemonade Social
3:00 Creative Crafting
4:00 Recite the Rosary

4
10:00 St Elizabeth Seton Delivers Communion
10:45 Name 5
11:00 Exercise with Paxxon
1:30 Bingo
2:30 Poetry Reading
3:45 Happy Hour
6:30 Monopoly

5
10:00 Daily Devotions
11:00 Strength Training
1:30 Balloon Volleyball
2:30 Bingo
3:30 Card Club
4:00 Mindful Meditation

6
10:00 Catholic Mass
11:00 Strength Training
12:00 Bears vs Miami Dolphins
1:30 Bingo
2:30 Name That Tune
3:30 Smoothie Sunday
4:00 Trivia

7
10:15 Mimosas & Mingling
10:30 St John's Lutheran Church
11:30 Cary United Methodist Church
11:00 Exercise with Paxxon
1:30 Bingo
2:30 Veteran's Pinning Ceremony
3:30 Movie & Popcorn (Yours Mine & Ours)
6:30 Name the State Word Game

Salon Open **8**
10:00 Navigating New England Presentation
11:00 Strength Training
1:00 Ambassador Club
1:30 Outing to Woodman's
3:45 Trivia
4:00 Meditation & Relaxation

9
10:00 Card Club
11:00 Bingo
1:00 Parkinson Class
1:30 Exercise with Paxxon
2:30 Comfort Dogs
3:30 Wine of the Week
3:45 You be the Judge
4:15 Evening Movie (Going in Style)

Salon Open **10**
10:15 This Day in History Discussion
11:00 Tai Chi
1:00 Mexican Train Club
1:30 Who Am I "Men's Edition"
2:30 Lemonade Social
3:30 Creative Crafting
4:00 Recite the Rosary

11
10:00 Resident Puzzle Pick
11:00 Exercise with Paxxon
1:30 Bingo
2:30 Food Committee
3:00 Town Hall
3:45 Happy Hour
6:30 Patriotic Word Match

12
10:00 Spiritual Reflections
11:00 Strength Training
1:30 Bags Game
2:30 Bingo
3:30 Card Club
4:00 Trivia

Daylight Saving Time Ends

Veterans Day
Remembrance Day (Canada)

13
10:00 Catholic Mass
11:00 Strength Training
12:00 Bears vs Detroit Lions
1:30 Bingo
2:30 Martha's Vineyard Word Mining
3:30 Lemonade Social
4:00 Famous November Birthdays Word Search

14
10:15 Mimosas & Mingling
10:30 St John's Lutheran Church
11:00 Cary United Methodist Church
11:00 Exercise with Paxxon
1:30 Painting with Meagan
2:30 Ambassador Club
3:30 Movie & Popcorn (Mr. & Mrs. Smith)
6:30 Scrabble

Salon Open **15**
10:00 This Day in History Discussion
11:30 Outing to Moretti's
3:00 Strength Training
3:20 Bunco
3:45 Finding Gold in the Yukon Presentation
4:00 Meditation & Relaxation

16
10:00 Card Club
10:30 Men's Club
11:00 Tai Chi
1:00 Parkinson Class
1:30 Exercise with Paxxon
2:30 Bingo
3:30 Wine of the Week
3:45 You be the Judge
4:15 Evening Movie (Last Seen Alive)

Salon Open **17**
10:15 This Day in History Discussion
11:00 Tai Chi
1:00 Mexican Train Club
1:30 What Am I "Men's Edition"
2:30 Monthly Birthday Party Live Entertainment with Jennifer
3:30 Lemonade Social
4:00 Recite the Rosary

18
10:00 St Elizabeth Seton Delivers Communion
10:30 Nifty US Live Entertainment with Heather
11:00 Exercise with Paxxon
1:30 Bingo
2:30 Food Committee
3:15 Happy Hour
6:30 Mandela Coloring

19
10:00 Daily Devotions
11:00 Strength Training
1:30 Balloon Volleyball
2:30 Bingo
3:30 Cards Club
4:00 Mindful Meditation

20
10:00 Catholic Mass
11:00 Strength Training
12:00 Bears vs Atlanta Falcons
1:30 Bingo
3:30 Hangman Game
4:00 Concentration Puzzles

21
10:15 Mimosas & Mingling
10:30 St John's Lutheran Church
11:00 Cary United Methodist Church
11:00 Exercise with Paxxon
1:30 Bingo
2:30 Ambassador's Club
3:30 Movie & Popcorn- (Rescued by Ruby)
6:30 Rummikub

Salon Open **22**
9:30 Outing to Bingo Bonanza
11:00 Strength Training
1:30 (25) Greatest Natural Wonders
2:30 Categories Word Game
3:30 Bunco
4:00 November IQ Quiz

23
10:00 Card Club
11:00 Bingo
1:00 Parkinson Class
1:30 Exercise with Paxxon
2:30 Comfort Dogs
3:30 Wine of the Week
3:45 You be the Judge
4:15 Evening Movie (Robin Hood)

Salon Closed **24**
10:15 This Day in History Discussion
11:00 Tai Chi
1:00 Mexican Train Club
3:15 Thanksgiving Feast Unscramble
4:00 Recite the Rosary

Thanksgiving Day (US)

25
10:00 Resident Puzzle Pick
11:00 Exercise with Paxxon
1:30 Bingo
2:30 Poetry Reading
3:30 Happy Hour
6:30 Mandela Coloring

26
10:00 Spiritual Reflections
11:00 Strength Training
1:30 Bags Game
2:30 Bingo
3:30 Card Club
4:00 Trivia

27
10:00 Catholic Mass
11:00 Strength Training
12:00 Bears vs New York Jets
1:30 Bingo
2:30 Girls Categories Game
3:30 Lemonade Social
4:00 Soap Opera Cross Word

28
10:15 Mimosas & Mingling
10:30 St John's Lutheran Church
11:00 Cary United Methodist Church
11:00 Exercise with Paxxon
1:30 Bingo
2:30 Educational Activity With Paxxon
3:30 Movie & Popcorn- (Steel Magnolia)
6:30 Dominoes

Salon Open **29**
10:00 This Day in History Discussion
10:30 Japan Travel Discussion
11:30 Outing to Applebee's
3:00 Strength Training
3:30 Bunco
4:00 Meditation & Relaxation

30
10:00 Card Club
10:30 Men's Club
11:00 Tai Chi
1:00 Parkinson Class
1:30 Exercise with Paxxon
2:30 Bingo
3:30 Wine of the Week
3:45 You be the Judge
4:15 Evening Movie (Blonde)

November 2022

Assisted Living Calendar