

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2021

## Assisted Living Activity Calendar



New Year's Day

<p>New Year's Day</p>					1	2							
10:30 Spiritual Sundays 11:30 Coffee & Chat 12:00 Lunch 2:00 B&W TV Throwback 5:30 Independent Leisure Pursuits	3	9:30 Coffee & Chat 10:15 Current Events 10:30 <b>Sit and Be Fit w/ Paxxon</b> 12:00 Lunch 1:30 Leisure Cart 2:00 <b>Outing! (Virtual Tour)</b> 3:30 Monday Movie Magic	4	9:30 Coffee & Chat 10:15 Current Events 10:30 Fitness Fun 11:00 <b>Card Club</b> 12:00 Lunch 2:30 <b>BINGO</b> 5:30 Puzzle Club	5	10:15 Current Events 10:30 Walking Club 11:00 Left Right Center (Dice Game) 12:00 Lunch 1:30 <b>Exercise w/ Paxxon</b> 2:30 <b>Wednesday Wine Club</b>	6	10:15 Current Events 11:00 Horseshoes 12:00 Lunch 2:00 <b>Crafting Club</b> 3:15 <b>BINGO</b>	7	9:30 Coffee & Chat 10:15 Current Events 12:00 Lunch 1:30 <b>Exercise w/ Paxxon</b> 2:00 Friday Flick! 4:00 <b>Happy Hour</b>	8	10:15 Current Events 10:30 Walking Club 12:00 Lunch 2:00 Independent Leisure Activities In The Melody Room 5:30 Relax and Reminisce	9
10:30 Spiritual Sundays 11:30 Coffee & Chat 12:00 Lunch 2:00 B&W TV Throwback 5:30 Independent Leisure Pursuits	10	9:30 Coffee & Chat 10:15 Current Events 10:30 <b>Sit and Be Fit w/ Paxxon</b> 12:00 Lunch 1:30 Leisure Cart 2:30 <b>Outing! (Virtual Tour)</b> 3:30 Monday Movie Magic 5:30 Independent Pursuits	11	9:30 Coffee & Chat 10:15 Current Events 10:30 Fitness Fun 11:00 <b>Card Club</b> 12:00 Lunch 2:30 <b>BINGO</b> 5:30 Puzzle Club	12	10:15 Current Events 10:30 Walking Club 11:00 Left Right Center (Dice Game) 12:00 Lunch 1:30 <b>Exercise w/ Paxxon</b> 2:30 <b>Wednesday Wine Club</b>	13	10:15 Current Events 11:00 Horseshoes 12:00 Lunch 2:00 <b>Crafting Club</b> 3:15 <b>BINGO</b>	14	9:30 Coffee & Chat 10:15 Current Events 12:00 Lunch 1:30 <b>Exercise w/ Paxxon</b> 2:00 Friday Flick! 4:00 <b>Happy Hour</b>	15	10:15 Current Events 10:30 Walking Club 12:00 Lunch 2:00 Independent Leisure Activities In The Melody Room 5:30 Relax and Reminisce	16
10:30 Spiritual Sundays 11:30 Coffee & Chat 12:00 Lunch 2:00 B&W TV Throwback 5:30 Independent Leisure Pursuits	17	9:30 Coffee & Chat 10:15 Current Events 10:30 <b>Sit and Be Fit w/ Paxxon</b> 12:00 Lunch 1:30 Leisure Cart 2:00 <b>Blissful Baking</b> 3:30 Monday Movie Magic 5:30 Independent Pursuits <small>Martin Luther King Day</small>	18	9:30 Coffee & Chat 10:15 Current Events 10:30 Fitness Fun 11:00 <b>BINGO!</b> 12:00 Lunch 2:30 <b>Winter Beer &amp; Appetizer Tasting!</b> 5:30 Puzzle Club	19	10:15 Current Events 10:30 Walking Club 11:00 Left Right Center (Dice Game) 12:00 Lunch 1:30 <b>Exercise w/ Paxxon</b> 2:30 <b>Wednesday Wine Club</b>	20	10:15 Current Events 11:00 Horseshoes 12:00 Lunch 2:00 <b>Crafting Club</b> 3:15 <b>BINGO</b>	21	9:30 Coffee & Chat 10:15 Current Events 12:00 Lunch 1:30 <b>Exercise w/ Paxxon</b> 2:00 Friday Flick! 4:00 <b>Happy Hour</b>	22	10:15 Current Events 10:30 Walking Club 12:00 Lunch 2:00 Independent Leisure Activities In The Melody Room 5:30 Relax and Reminisce	23
10:30 Spiritual Sundays 11:30 Coffee & Chat 12:00 Lunch 2:00 B&W TV Throwback 5:30 Independent Leisure Pursuits <small>Activity Professionals Week</small>	24	9:30 Coffee & Chat 10:15 Current Events 10:30 <b>Sit and Be Fit w/ Paxxon</b> 12:00 Lunch 1:30 Leisure Cart 2:00 <b>Outing! (Virtual Tour)</b> 3:30 Monday Movie Magic	25	9:30 Coffee & Chat 10:15 Current Events 10:30 Fitness Fun 11:00 <b>Card Club</b> 12:00 Lunch 2:30 <b>BINGO</b> 5:30 Puzzle Club <small>Australia Day (observed)</small>	26	10:15 Current Events 10:30 Walking Club 11:00 Left Right Center (Dice Game) 12:00 Lunch 1:30 <b>Exercise w/ Paxxon</b> 2:30 <b>Wednesday Wine Club</b>	27	10:15 Current Events 11:00 Horseshoes 12:00 Lunch 2:00 <b>Crafting Club</b> 3:15 <b>BINGO</b>	28	9:30 Coffee & Chat 10:15 Current Events 12:00 Lunch 1:30 <b>Exercise w/ Paxxon</b> 2:00 Friday Flick! 4:00 <b>Happy Hour</b>	29	10:15 Current Events 10:30 Walking Club 12:00 Lunch 2:00 Independent Leisure Activities In The Melody Room 5:30 Relax and Reminisce	30
10:30 Spiritual Sundays 11:30 Coffee & Chat 12:00 Lunch 2:00 B&W TV Throwback 5:30 Independent Leisure Pursuits	31	<p><b>MELODY LIVING</b> LIFE IN HARMONY™ LAKE IN THE HILLS, ILLINOIS</p> <p><i>*All Activities Subject To Change At Any Time*</i></p>											