

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2025

Melody Independent Living Activities

						<p>10:00 Step It Up with Meg 11:00 Mancala 1:30 Scrabble 2:30 Afternoon Stretches 3:30 Poker Night 6:30 Board Games of Your Choice</p>
<p>10:30 Melody Steppers Walking Crew 11:00 Coffee & The News 1:30 Social Sundays 2:30 Chess & Checkers 3:00 Mexican Train Dominoes & Yahtzee 6:30 Library Live Sports</p> <p>Frank Giangregio's Birthday Groundhog Day</p>	<p>10:00 Step It Up with Meg 10:30 Sequence Board Game 1:30 Melody Shopping Day to Algonquin Commons (Meet in Lobby at 1:20) (Transportation leaves at 1:30) 3:00 Melody Shopping Day Pick Up 4:00 Mimosa Monday 6:30 Uno Card Game</p> <p>Sue Miller's Birthday</p>	<p>9:30 <u>Catholic Mass Live Television</u> 10:00 Step It Up with Meg 11:00 <u>Town Hall & Resident Council</u> 11:00 <u>Exercise with Paxxon in Assisted Living</u> 1:30 Chair Yoga 2:30 Dime Bingo 3:30 Happy Hour 6:30 Spite and Malice Card Game</p> <p>Terry Piper's Birthday</p>	<p>10:00 Step It Up with Meg 11:40 Wednesday Mass at St. Mary's Catholic Church (Transportation leaves at 11:40) 1:30 <u>Exercise with Paxxon</u> 2:30 Poker Night 3:30 Wine Wednesday 6:30 Evening Stretches</p> <p>Kerry Webster's Birthday</p>	<p>10:00 Step It Up with Meg 10:30 <u>Rosary Gathering</u> 1:30 Ambassador Club Meeting 2:30 Dime Bingo 3:30 Poker Night 3:30 Thirsty Thursday 6:30 Mega Jenga & Puzzles</p>	<p>10:00 Step It Up with Meg 11:00 <u>Heart Health Month Week 1 – Fitness Challenge</u> 12:30 Outing to Color Me Mine Pottery (Transportation leaves at 12:30) 2:30 Make Cupid Crunch Trail Mix with Layla 3:30 Poker Night 4:00 Happy Hour & Karaoke 6:30 Friday Night Movie – Hillbilly Elegy</p>	<p>10:00 Step It Up with Meg 11:00 <u>Visit with Lily from Divine Comfort Dogs</u> 1:30 Chair Yoga 2:30 Dime Bingo 3:30 Poker Night 6:30 Board Games of Your Choice</p>
<p>10:30 Melody Steppers Walking Crew 11:00 Coffee & The News 1:30 Social Sundays 2:30 Chess & Checkers 5:00 <u>Melody Living Super Bowl Party</u></p>	<p>10:00 Step It Up with Meg 10:30 Sequence Board Game 1:30 Melody Shopping Day to Algonquin Commons (Meet in Lobby at 1:20) (Transportation leaves at 1:30) 2:30 <u>St. John Lutheran Church Service in Assisted Living Theater</u> 3:00 Melody Shopping Day Pick Up 4:00 Margarita Monday 6:30 Hearts Card Game</p>	<p>9:30 <u>Elizabeth Ann Seton Catholic Church Visit</u> 10:00 Step It Up with Meg 11:00 <u>Food Committee</u> 11:00 <u>Exercise with Paxxon in Assisted Living</u> 1:30 Chair Yoga 2:30 Dime Bingo 3:30 Happy Hour 6:30 Rummikub & Scrabble</p>	<p>10:00 Step It Up with Meg 11:00 <u>Blood Pressure Clinic</u> 11:40 Wednesday Mass at St. Mary's Catholic Church (Transportation leaves at 11:40) 1:30 <u>Exercise with Paxxon</u> 2:30 Make an Arrangement with Bonnie 3:30 Poker Night 6:30 Evening Stretches</p> <p>Tu B'Shevat Begins</p>	<p>10:00 Step It Up with Meg 10:30 <u>Rosary Gathering</u> 1:30 Wii Bowling 2:30 Dime Bingo 3:30 Poker Night 3:30 Thirsty Thursday 6:30 Mancala & Phase 10 Card Game</p>	<p>10:00 Step It Up with Meg 11:00 <u>Heart Health Month Week 2 – Craft Day</u> 12:30 Lunch Outing to Lou Malnati's Pizzeria (Transportation leaves at 12:30) 2:00 <u>Melody Living Speed Dating Event</u> 6:30 Friday Night Movie – The Whale</p> <p>Valentine's Day</p>	<p>10:00 Step It Up with Meg 11:00 Mega Jenga 1:30 Spite and Malice Card Game 2:30 Afternoon Stretches 3:30 Poker Night 6:30 Board Games of Your Choice</p>
<p>10:30 Melody Steppers Walking Crew 11:00 Coffee & The News 1:30 Social Sundays 2:30 Chess & Checkers 3:00 Mexican Train Dominoes & Yahtzee 6:30 Library Live Sports</p>	<p>10:00 Step It Up with Meg 10:30 Sequence Board Game 1:30 Melody Shopping Day to Algonquin Commons (Meet in Lobby at 1:20) (Transportation leaves at 1:30) 3:00 Melody Shopping Day Pick Up 4:00 Mimosa Monday 6:30 Uno Card Game</p> <p>Presidents' Day (U.S.)</p>	<p>9:30 <u>Catholic Mass Live Television</u> 10:00 Step It Up with Meg 11:00 <u>R.A.P Session</u> 11:00 <u>Exercise with Paxxon in Assisted Living</u> 1:30 Chair Yoga 2:30 Dime Bingo 3:30 Happy Hour 6:30 Spite and Malice Card Game</p>	<p>10:00 Step It Up with Meg 11:40 Wednesday Mass at St. Mary's Catholic Church (Transportation leaves at 11:40) 1:30 <u>Exercise with Paxxon</u> 2:30 Poker Night 3:30 Wine Wednesday 6:30 Evening Stretches</p>	<p>10:00 Step It Up with Meg 10:30 <u>Rosary Gathering</u> 2:30 <u>Around The World – A Taste of The Maldives</u> 3:30 Poker Night 3:30 Thirsty Thursday 6:30 Mega Jenga & Puzzles</p>	<p>10:00 Step It Up with Meg 11:00 <u>Heart Health Month Week 3 – Cognitive Challenge</u> 2:30 Paint & Sip with Layla 3:30 Poker Night 4:00 Happy Hour & Karaoke 6:30 Friday Night Movie – Barbie</p>	<p>10:00 Step It Up with Meg 11:00 Balloon Volleyball 1:30 Chair Yoga 2:30 Dime Bingo 3:30 Poker Night 6:30 Board Games of Your Choice</p>
<p>10:30 Melody Steppers Walking Crew 11:00 Coffee & The News 1:30 Social Sundays 2:30 Chess & Checkers 3:00 Mexican Train Dominoes & Yahtzee 6:30 Library Live Sports</p>	<p>10:00 Step It Up with Meg 10:30 Sequence Board Game 1:30 Melody Shopping Day to Algonquin Commons (Meet in Lobby at 1:20) (Transportation leaves at 1:30) 2:30 <u>St. John Lutheran Church Service in Assisted Living Theater</u> 3:00 Melody Shopping Day Pick Up 4:00 Margarita Monday 6:30 Hearts Card Game</p>	<p>9:30 <u>Elizabeth Ann Seton Catholic Church Visit</u> 10:00 Step It Up with Meg 11:00 <u>Food Committee</u> 11:00 <u>Paxxon in Assisted Living</u> 1:30 Chair Yoga 2:30 Dime Bingo 2:30 <u>Book Club in Assisted Living</u> 3:30 Happy Hour 6:30 Rummikub & Scrabble</p> <p>John Cunningham's Birthday</p>	<p>10:00 Step It Up with Meg 11:00 <u>Blood Pressure Clinic</u> 11:40 Wednesday Mass at St. Mary's Catholic Church (Transportation leaves at 11:40) 1:30 <u>Exercise with Paxxon</u> 2:30 Poker Night 3:30 Wine Wednesday 6:30 Evening Stretches</p>	<p>10:00 Step It Up with Meg 10:30 <u>Rosary Gathering</u> 1:30 <u>February Meet & Greet with New Residents</u> 2:30 Dime Bingo 3:30 Poker Night 3:30 Thirsty Thursday 6:30 Mancala & Phase 10 Card Game</p> <p>Coryl Wagaman's Birthday</p>	<p>10:00 Step It Up with Meg 11:00 <u>Heart Health Month Week 4 – End of Challenge Party!</u> 2:30 <u>February Birthdays Party</u> 3:30 Poker Night 4:00 Happy Hour & Karaoke 6:30 Friday Night Movie – Interstellar</p> <p>Ramadan Begins</p>	<p>Any activity that is <u>bolded and underlined</u> is open to the public and Active Adults.</p>